

Amendments to the Specification

Please replace the paragraph beginning at page 9, line 14, with the following rewritten paragraph:

- - In one aspect of the present invention, the chair of the present invention includes a base assembly, a back support assembly and a lumbar thrust assembly. The back assembly has a seat, a leg assembly attached to the seat and configured to support the chair, and one or vertical members extending generally upwardly from the seat. The back support assembly, comprising a backrest member and/or frame, is pivotally attached to the one or more vertical members of the base assembly. The lumbar thrust assembly is attached to the back support assembly and configured to pivot therewith. The lumbar thrust assembly has a lumbar roller, one or more roller support members and one or more thrust support members. The lumbar roller is spatially disposed from the backrest member/frame and configured to project forward and upward relative to the rearward edge of the seat so as to apply a dynamic thrust motion to the lumbar area of the user's spine. The roller support members attach to the lumbar roller and the thrust support members interconnect the roller support members and the backrest member and/or frame. One or more channel members are attached to the back support assembly to slidably receive and engage the thrust support members. In the preferred configuration, the user manually activates the lumbar thrust assembly by leaning backward in the chair to create the desired dynamic thrust motion that pushes the lumbar roller against the user's lower back to exercise the lumbar area of the spine. In an alternative configuration, a motor is operatively connected to the lumbar ~~roller~~ thrust assembly to selectively project the

lumbar roller forward and upward and a controller unit is operatively connected to the motor for selectively engaging the motor to operate the lumbar ~~roller~~ thrust assembly. --